



**Windsor High
CROSS COUNTY 2024
MEET ITINERARY
(UPDATED 241008)**



**NBL Tri-Meet #2
vs Maria Carrillo, Santa Rosa**

**Tuesday, October 8, 2024
Spring Lake Park, 5585 Newanga Ave, Santa Rosa, CA 95405**

IMPORTANT INFO FOR ATHLETES/PARENTS!

Parking: On-site parking is available. Sonoma County Parks parking pass OR \$7 parking fee at the toll booth.

Schedule: Early school release at 1:30pm. The drive from school to the park is about 30 minutes. The team tent will be set up near start/finish line. Check in at the tent when arrive. You will be assigned a tag to affix to your jersey with a safety pin. Remember your uniform and running shoes.

NOTE SCHEDULE UPDATED 10/7/24 HIGHLIGHTED BELOW

Race	Race Start	Arrive at Team Tent	Lineups
JV Boys	4:30 pm	No later than 3:25 pm	Matthew, Arath, Sean, James, Jefferson, Christian
Combined Girls	5:00 pm	No later than 3:45 pm	Pia, Kendall, Emily, Kiarah, Annaleigh, Darla, Ashlyn, Lillian, Lucy
Varsity Boys	5:30 pm	No later than 4:15 pm	Xavier, Corbin, Michael, Max, Tristan, Luciano, Mason, Gavin, Isaiah



Any questions, contact WHS Coach Ruben DiRado at 707-799-7218 ...Keep checking on our Team Website for updates windsorhighrunning.com/xc