

Meet website: https://sites.google.com/oldadobe.org/eyeopenerinvitational/home

IMPORTANT INFO FOR ATHLETES/PARENTS!

Parking: Limited on-site parking, but there are multiple side streets with parking available. Plan on a 5-minute walk to the race start area.

Schedule: Team tent will be set up near the start/finish line. Check in at the tent when you arrive. *Remember your uniform and running shoes!*

Race	Race Start	Arrive at Team Tent	Lineups
Frosh Boys	8:30 am	7:30 am	Michael, Arath, Luciano, Jefferson, Christian
Frosh Girls	9:00 am	7:50 am	Emily, Kiarah, Annaleigh, Darla, Lillian
Soph Boys	9:30am	8:20 am	Corbin, Mason, Gavin, Sean, James
Soph Girls	10:00am	7:50 am	Lucy (might be allowed to race with Frosh Girls)

Awards: Top 5 in each race will get button and a bag, runners. Finishers 6th through 10 get buttons. The Top 10 overall times for the day get a t-shirt - boys and girls. The overall top boy and girl get a special backpack. Team scores are 1st through 3rd runners - only need 3 to score plus 2 more to displace.

Course: 3 miles, very flat, very fast dirt surface.



Any questions, contact WHS Coach Ruben DiRado at 707-799-7218 ...Keep checking on our Team Website for updates <u>windsorhighrunning.com/xc</u>