



Windsor High
CROSS COUNTY 2024
MEET ITINERARY
 (rev 240918)



NBL Tri-Meet #1
vs Analy, Santa Rosa

Wednesday, September 25, 2024
Ragle Ranch Regional Park
500 Ragle Road, Sebastopol, CA 95472

IMPORTANT INFO FOR ATHLETES/PARENTS!

Parking: On-site parking is available. Sonoma County Parks parking pass OR \$7 parking fee at the toll booth. **There will be about 130 runners at this meet – so get there early to get a good parking spot.**

Schedule: Early school release at 1:30pm. The drive from school to the park is about 30 minutes. Team tent will be set up near start/finish line. Check in at tent when arrive. You will need to write your race # on your left hand with a sharpee. Remember your uniform and running shoes.

Race	Race Start	Arrive at Team Tent	Lineups
JV Boys	4:00 pm	2:55 pm	Matthew, Arath, Sean, James, Jefferson, Christian
Combined Girls	4:30 pm	2:55 pm	Pia, Kendall, Emily, Kiarah, Annaleigh, Darla, Ashlyn, Lillian, Lucy
Varsity Boys	5:00 pm	2:55 pm	Xavier, Corbin, Michael, Max, Tristan, Luciano, Mason, Gavin, Isaiah



Any questions, contact WHS Coach Ruben DiRado at 707-799-7218 ...Keep checking on our Team Website for updates windsorhighrunning.com/xc