VIKING OPENER - Report Card

Date: 9/14/2024 Weather: Clear, Cool, Sunny (optimal conditions!) Teams at Meet: 24 schools (347 boys, 198 girls)

Course: 2 mile Spring Lake Course

INDIVIDUALS

Individual Awards	Name	Place Overall#	Team Place	Race Time 2024	1st Mile Split	2 Mile Split	2nd mile drop-off	Notes	Race Time 2023	Improvement vs Last Year
Top 10 Medal	Xavier Surgeon	2	1	10:34	05:15	05:19	-1%	could start faster!	10:43	-1%
Top 10 Medal	Corbin Post	10	2	10:45	05:12	05:33	-6%	1st mile a little too fast	12:00	-10%
Top 10 Medal	Michael Ervin	21	3	11:08	05:32	05:36	-1%	could start faster!		
11th-20th Ribbon	Max Emilio McKinney	34	4	11:20	05:35	05:45	-3%	good pacing	11:26	-1%
	Tristan Moores	65	5	11:51	05:39	06:12	-9%	1st mile a little too fast	12:02	-2%
Top 10 Medal	Luciano Molina	83	6	12:06	05:58	06:08	-3%	good pacing		
	Mason Gillingham	100	7	12:16	06:00	06:16	-4%	good pacing	12:45	-4%
	Gavin Addiego	106	8	12:19	05:59	06:20	-6%	good pacing, keep building endurance		
	Isaiah Hernandez	135	9	12:36	06:01	06:35	-9%	good pacing, keep building endurance	13:01	-3%
	Sean Hanshew	178	10	13:16	06:27	06:49	-5%	good pacing, keep building endurance	13:54	-5%
	James Sinnott	211	11	13:40	06:48	06:52	-1%	could start faster!, build endurance	13:54	-2%
	Jefferson Nix	245	12	14:09	07:05	07:04	0%	could start faster!, build endurance		
	Christian Torres	265	13	14:33	07:14	07:19	-1%	could start faster!, build endurance		

#out of 347 boys in all races

	Name	Place Overall#	Team Place	Race Time 2024	1st Mile Split	2 Mile Split	2nd mile drop-off
Top 10 Medal	Pia Sallee	16	1	13:28	06:34	06:54	-5%
11th-20th Ribbon	Kendall Pell	29	2	13:57	06:41	07:16	-8%
11th-20th Ribbon	Kiarah Tejeda	33	3	14:04	06:58	07:06	-2%
11th-20th Ribbon	Annaleigh Malsbary	37	4	14:06	07:01	07:05	-1%
	Darla Jensen	64	5	14:48	07:10	07:38	-6%
	Ashlyn North	93	6	15:44	07:26	08:18	-10%
	Lillian Martin	118	7	16:38	07:58	08:40	-8%
	Lucy Ramos	137	8	17:09	07:45	09:24	-18%

Notes	Race Time 2023	
good pacing	13:33	-1%
1st mile a little too fast	13:11	6%
good pacing		
could start faster!		
good pacing, keep building endurance		
keep building endurance		
keep building endurance		
keep building endurance		

#out of 198 girls in all races

TEAM

Boys	(average 3.5% time improvement this year vs last year)
-Overall	tied for 4th out of 19 scoring teams (scoring 5 runners)
-Freshman	6th of 17 scoring teams (scoring 3 runners)
-Sophomore	3rd of 16 scoring teams (scoring 3 runners)
	>Team Ribbons: Corbin, Mason, Gavin, Sean, James
-Junior	6th of 13 scoring teams (scoring 3 runners)
-Senior	incomplete (only one runner)
Girls	
-Overall	3rd of 16 scoring teams (scoring 5 runners)
-Frosh/Soph	4th of 15 scoring teams (scoring 3 runners)
	>Team Ribbons: Kiarah, Annaleigh, Darla, Lillian, Lucy
-Junior/Senior	5th of 13 scoring teams (scoring 3 runners)